

Updated 10th Dec @ 22:59

Pos	Bib	Firstname	Lastname	Gender	Category	Finish	Chiptime	Firsthalf	SecondHalf
1	427	Gary	O' Hanlon	M	M35	02:30:43	02:30:42	01:13:39	01:17:04
2	100	George	Waugh	M	MO	02:37:23	02:37:22	01:15:09	01:22:14
3	270	Oliver	Sebrantke	M	M35	02:38:29	02:38:28	01:15:57	01:22:32
4	329	eugene	Mc Carthy	M	M45	02:49:17	02:49:13	01:18:10	01:31:08
5	142	Rory	Mooney	M	MO	02:49:35	02:49:34	01:23:01	01:26:35
6	197	martin	rea	M	M35	02:49:35	02:49:35	01:23:01	01:26:34
7	61	Sean	Brosnan	M	MO	02:56:13	02:56:08	01:23:44	01:32:29
8	1	Steven	Dewaele	M	M35	02:57:36	02:57:35	01:27:57	01:29:40
9	3	Chris	Murnane	M	MO	02:57:59	02:57:52	01:27:57	01:30:02
10	465	Cathal	McCarthy	M	MO	02:58:22	02:58:20	01:24:58	01:33:25
11	221	Killian	O' Connor	M	MO	02:59:59	02:59:56	01:26:44	01:33:15
12	136	Alan	O' Brien	M	MO	03:03:05	03:03:03	01:26:44	01:36:22
13	275	Martin	O Keeffe	M	M40	03:05:00	03:04:59	01:28:13	01:36:47
14	222	John P	Foley	M	M45	03:06:38	03:06:36	01:30:06	01:36:33
15	53	niall	higgins	M	M35	03:08:19	03:08:18	01:28:55	01:39:25
16	468	Philip	Culbert	M	M40	03:09:31	03:09:29	01:27:58	01:41:34
17	250	fozzy	forristal	M	MO	03:10:32	03:10:18	01:32:22	01:38:11
18	445	Pat	Staunton	M	M40	03:10:32	03:10:32	01:32:22	01:38:11
19	274	bryan	o connor	M	MO	03:11:27	03:11:26	01:27:57	01:43:31
20	190	Neil	Mac Kay	M	M40	03:13:32	03:13:28	01:35:26	01:38:07
21	386	paul	shanahan	M	M40	03:13:58	03:13:51	01:33:41	01:40:17
22	56	Barra	Casey	M	MO	03:14:54	03:14:54	01:35:31	01:39:23
23	220	paul	ging	M	M45	03:14:58	03:14:55	01:34:49	01:40:10
24	203	Liam	Kennedy	M	M40	03:15:16	03:14:56	01:32:20	01:42:56
25	66	Ross	Dignam	M	MO	03:16:37	03:16:29	01:35:53	01:40:45
26	315	Brian	Carraher	M	M35	03:17:19	03:17:13	01:28:13	01:49:06
27	357	Enda	O' Carolan	M	M35	03:17:38	03:17:30	01:37:15	01:40:24
28	391	Mary	Sweeney	F	F50	03:17:39	03:17:37	01:35:07	01:42:33
29	277	aidan	hogan	M	M35	03:18:31	03:18:31	01:33:28	01:45:04
30	456	Seamus	Murphy	M	MO	03:18:31	03:18:27	01:33:28	01:45:04
31	273	Paul	Fitzgerald	M	MO	03:18:43	03:18:32	01:37:07	01:41:36
32	338	Joyce	Wolfe	F	FO	03:19:11	03:19:06	01:35:09	01:44:03
33	243	Ken	Hefferan	M	M35	03:19:15	03:19:15	01:35:54	01:43:22
34	286	Justin	O' Brien	M	M35	03:19:22	03:19:12	01:33:39	01:45:44
35	298	Fergus	Coleman	M	M40	03:19:25	03:19:23	01:37:07	01:42:19
36	138	Jeremy	Ahern	M	M35	03:20:57	03:20:34	01:38:02	01:42:56
37	290	Christy	Cahill	M	M45	03:21:23	03:21:23	01:37:38	01:43:45
38	214	Paul	Kingston	M	M35	03:22:15	03:21:57	01:37:58	01:44:18
39	141	chris	graham	M	M40	03:25:07	03:25:01	01:39:43	01:45:24
40	233	roy	good	M	MO	03:25:25	03:24:46	01:33:11	01:52:15
41	446	Nora	Barry	F	F45	03:26:00	03:25:48	01:40:47	01:45:14
42	450	Richard	Mc Leron	M	M35	03:26:06	03:26:03	01:42:19	01:43:47
43	411	Neil	Nagle	M	MO	03:26:16	03:26:10	01:38:54	01:47:23
44	353	ger	copeland	M	M35	03:26:34	03:26:06	01:39:18	01:47:16
45	130	Kenneth	O' Regan	M	MO	03:26:38	03:26:29	01:35:57	01:50:41
46	331	Killian	Deasy	M	M35	03:26:53	03:26:50	01:38:54	01:48:00
47	469	Late	Entry			03:26:57	03:26:49	01:40:27	01:46:31
48	310	Tom	O' Brien	M	M40	03:27:03	03:27:03	01:37:18	01:49:46

49	467	Karen	Kenny	F	FO	03:27:04	03:27:04	01:40:51	01:46:13
50	106	Peter	Straghan	M	MO	03:27:10	03:27:03	01:39:43	01:47:27
51	292	Thomas	Doherty	M	M50	03:27:11	03:27:11	01:37:33	01:49:39
52	227	mark	gavin	M	M35	03:27:48	03:27:45	01:37:19	01:50:30
53	476	Late	Entry			03:28:38	03:28:38	01:39:17	01:49:21
54	182	john	laste	M	M45	03:28:46	03:28:28	01:40:44	01:48:02
55	406	Thomas	Neville	M	M40	03:29:07	03:28:52	01:42:18	01:46:50
56	40	Michael	Mulcahy	M	M35	03:29:27	03:29:24	01:39:56	01:49:31
57	172	Liam	Costello	M	M40	03:29:42	03:29:32	01:40:16	01:49:26
58	374	Michael	Mc Keown	M	M45	03:29:57	03:29:53	01:35:56	01:54:01
59	366	fran	morrison	M	M45	03:29:59	03:29:47	01:41:56	01:48:04
60	216	Denis	O' Brien	M	M45	03:30:03	03:29:54	01:42:23	01:47:40
61	333	richard	o brien	M	M40	03:30:06	03:30:03	01:39:17	01:50:49
62	367	Denzil	Jacobs	M	M35	03:30:07	03:29:56	01:41:45	01:48:23
63	121	Grellan	Mc Grath	M	M45	03:30:12	03:29:53	01:42:19	01:47:54
64	122	Paul	Daly	M	M45	03:30:12	03:29:53	01:42:19	01:47:54
65	359	David	Noone	M	MO	03:31:48	03:31:48	01:32:21	01:59:27
66	229	Thomas	O' Connor	M	M45	03:31:57	03:31:57	01:39:44	01:52:13
67	168	ann	cashman	F	FO	03:32:07	03:31:52	01:42:21	01:49:47
68	124	John	Golden	M	MO	03:32:09	03:32:06	01:38:06	01:54:04
69	198	Eamonn	O' Neill	M	M40	03:32:22	03:32:17	01:41:25	01:50:58
70	147	Jim	Mullen	M	M45	03:32:29	03:32:20	01:37:25	01:55:05
71	458	Aiden	Henry	M	M40	03:32:42	03:32:26	01:42:19	01:50:24
72	177	Des	Fitzgerald	M	M40	03:32:44	03:32:36	01:42:16	01:50:28
73	260	Declan	Winders	M	MO	03:33:32	03:33:21	01:41:55	01:51:37
74	326	Aideen	Shinners	F	FO	03:33:48	03:33:46	01:39:22	01:54:27
75	20	Austin	Hennessy	M	M35	03:35:01	03:34:58	01:42:12	01:52:49
76	351	Liam	OBrien	M	M35	03:35:29	03:34:54	01:43:10	01:52:19
77	178	Conal	Devine	M	M50	03:35:31	03:35:15	01:41:48	01:53:44
78	72	Alvin	Sweeney	M	M35	03:35:43	03:35:18	01:42:45	01:52:58
79	263	Niall	Mathews	M	M60	03:36:17	03:35:52	01:42:18	01:53:59
80	86	Mary	Jennings	F	F55	03:36:23	03:36:23	01:41:32	01:54:51
81	291	Ronan	Mc Walters	M	M40	03:36:51	03:36:35	01:41:23	01:55:28
82	452	Edmond	Nicholson	M	M40	03:36:58	03:36:58	01:37:17	01:59:42
83	265	DICK	RIORDAN	M	M45	03:37:06	03:36:51	01:42:21	01:54:45
84	368	Thomas	Darcy	M	M35	03:37:27	03:37:11	01:42:20	01:55:08
85	140	Manel	Matarin	M	MO	03:38:58	03:38:49	01:33:12	02:05:47
86	29	Alan	Boon	M	M40	03:39:13	03:38:59	01:47:09	01:52:05
87	64	Michael	O' Donoghue	M	MO	03:39:40	03:39:10	01:45:08	01:54:32
88	252	William	Mc Cann	M	M40	03:40:09	03:40:04	01:42:20	01:57:49
89	454	Alan	Ritchie	M	MO	03:40:48	03:40:42	01:40:24	02:00:25
90	372	tony	foley	M	M45	03:42:05	03:41:59	01:45:16	01:56:49
91	217	Donal	O' Sullivan	M	M55	03:42:13	03:42:11	01:42:16	01:59:58
92	75	Martin	Harte	M	MO	03:42:27	03:42:18	01:42:20	02:00:08
93	268	wesley	cummins	M	MO	03:42:33	03:42:30	01:47:00	01:55:33
94	314	John Paul	Buckley	M	MO	03:42:41	03:42:36	01:40:09	02:02:32
95	342	eimantas	grigalius	M	MO	03:42:44	03:42:33	01:48:33	01:54:11
96	131	Aaron	Bowers	M	MO	03:42:57	03:42:37	01:43:05	01:59:53
97	18	christopher	walsh	M	M40	03:42:59	03:42:40	01:44:11	01:58:49
98	27	francis	Mc Manus	M	M35	03:42:59	03:42:09	01:44:37	01:58:23

99	442	Gerry	Byrne	M	M45	03:43:12	03:42:42	01:48:23	01:54:50
100	464	Chris	Horgan	M	MO	03:43:14	03:43:04	01:49:53	01:53:21
101	418	Declan	Curley	M	M40	03:43:43	03:43:18	01:47:02	01:56:41
102	403	John	Fahey	M	M35	03:43:44	03:43:18	01:47:02	01:56:42
103	448	Peter	Ferris MBE	M	M55	03:43:51	03:43:42	01:47:59	01:55:52
105	341	ken	eustace	M	M35	03:43:55	03:43:45	01:48:33	01:55:23
104	332	richie	byrne	M	M45	03:43:55	03:43:43	01:48:34	01:55:21
106	355	Brian	O' Brien	M	MO	03:44:02	03:43:58	01:47:19	01:56:43
107	330	john	O' Connor	M	M45	03:44:04	03:43:51	01:48:12	01:55:53
108	193	Christopher	Mc Kinney	M	MO	03:44:08	03:44:03	01:37:36	02:06:33
109	153	Conor	Bartley	M	M40	03:44:09	03:44:02	01:36:28	02:07:41
110	94	leslie	crawford	M	M55	03:44:41	03:44:35	01:47:08	01:57:33
111	164	DON	O' Shea	M	M45	03:44:54	03:44:49	01:36:47	02:08:08
112	123	John	Desmond	M	M45	03:45:01	03:44:46	01:49:55	01:55:07
113	348	Feargal	O' Shea	M	MO	03:45:15	03:44:59	01:49:52	01:55:23
114	135	Seamus	Duggan	M	M35	03:46:21	03:46:09	01:49:53	01:56:28
115	431	Ciaran	Byrne	M	M50	03:46:22	03:45:56	01:49:48	01:56:34
116	71	Anthony	Sheridan	M	M35	03:46:28	03:46:19	01:49:57	01:56:31
117	433	Erwin	Schrodinger	M	MO	03:46:40	03:46:35	01:38:03	02:08:38
118	387	Stephen	O' Sullivan	M	M40	03:46:54	03:46:50	01:43:53	02:03:02
119	354	shane	O' Neill	M	MO	03:46:57	03:46:50	01:42:21	02:04:36
120	251	Colm	Herlihy	M	MO	03:46:59	03:46:18	01:44:14	02:02:46
121	237	Cathal	O' Reilly	M	MO	03:47:22	03:47:16	01:38:15	02:09:07
122	202	Tom	Meagher	M	M35	03:47:32	03:47:04	01:47:49	01:59:44
123	195	gerard	Mc Namara	M	M35	03:47:41	03:47:27	01:51:24	01:56:17
124	183	john	kingston	M	M35	03:48:18	03:48:07	01:47:05	02:01:13
125	95	Neal	Leddy	M	M35	03:48:33	03:48:18	01:49:41	01:58:52
126	376	Gavin	O' Donovan	M	MO	03:49:13	03:48:54	01:41:20	02:07:53
127	234	Hugh	Hannigan	M	M35	03:49:26	03:47:46	01:43:24	02:06:02
128	173	Colm	Daly	M	MO	03:49:44	03:49:33	01:41:04	02:08:41
129	58	Almha	O' Keeffe	F	FO	03:49:47	03:49:34	01:49:36	02:00:12
130	170	dennis	Mc Monagle	M	M55	03:50:06	03:50:06	01:47:24	02:02:42
131	340	declan	grogan	M	M35	03:50:20	03:50:16	01:49:22	02:00:58
132	349	Ciaran	O' Callgahan	M	M35	03:50:20	03:50:14	01:49:23	02:00:57
133	420	Domhnaill	O Griofa	M	M35	03:50:30	03:50:09	01:49:57	02:00:34
134	256	Gerard	O Sullivan	M	MO	03:50:39	03:50:39	01:49:54	02:00:46
135	92	Priscilla	O' Sullivan	F	F45	03:50:44	03:50:42	01:48:06	02:02:39
136	231	mandy	cooke	F	F35	03:51:29	03:51:29	01:48:41	02:02:49
137	392	Keith	Heffernan	M	M35	03:51:46	03:51:21	01:51:56	01:59:51
138	186	Kieran	Doolan	M	M35	03:52:06	03:52:06	01:43:33	02:08:34
139	212	christopher	moran	M	M40	03:52:08	03:51:56	01:51:54	02:00:15
140	47	michael	haydon	M	M55	03:52:33	03:52:23	01:49:59	02:02:35
141	65	Peter	Power	M	M45	03:53:11	03:52:43	01:52:58	02:00:14
142	385	gillian	cordner	F	F35	03:53:21	03:53:21	01:49:53	02:03:28
143	384	gary	connolly	M	M45	03:53:22	03:53:06	01:49:54	02:03:29
144	167	Linda	Kenrick	F	FO	03:53:32	03:53:08	01:49:55	02:03:37
145	118	Pat	O' Sullivan	M	M60	03:53:34	03:52:58	01:50:12	02:03:22
146	390	derek	Mac Kessy	M	MO	03:54:05	03:53:55	01:49:30	02:04:35
147	127	Dipak	Vala	M	M40	03:54:09	03:53:56	01:50:13	02:03:56
148	207	Colm	Reidy	M	MO	03:54:38	03:54:23	01:53:02	02:01:36

149	205	Gary	Stutte	M	M55	03:54:40	03:54:18	01:47:16	02:07:24
150	305	Louise	Fitzgerald	F	F40	03:55:23	03:55:23	01:53:29	02:01:54
151	455	Shane	McCarville	M	MO	03:55:30	03:55:30	01:46:37	02:08:54
152	324	paul	hogan	M	MO	03:55:39	03:55:13	01:49:53	02:05:46
153	204	Verena	Tarpey	F	F40	03:55:45	03:55:23	01:48:35	02:07:10
154	52	Ger	Marshall	M	M50	03:56:08	03:56:08	01:50:01	02:06:07
155	230	Noel	OBrien	M	M35	03:56:23	03:56:23	01:49:37	02:06:46
156	192	Gerard	Mc Coy	M	MO	03:56:27	03:56:21	01:42:13	02:14:14
157	407	anne	fahey ronayne	F	F45	03:56:48	03:56:15	01:51:28	02:05:20
158	293	John	Sweeney	M	M45	03:56:57	03:56:49	01:42:17	02:14:40
159	389	ellen	ahern	F	F35	03:57:14	03:57:09	01:50:53	02:06:22
160	175	Justin	Doherty	M	M50	03:57:21	03:56:48	01:54:10	02:03:12
161	201	Kevin	Rajaratnam	M	M40	03:57:39	03:57:31	01:49:52	02:07:48
162	394	Kieran	O Sullivan	M	M35	03:57:53	03:57:41	01:50:51	02:07:03
163	437	Gregory	Smyth	M	M45	03:57:54	03:57:40	01:54:25	02:03:29
164	239	Derek	Keane	M	MO	03:58:16	03:57:59	01:49:55	02:08:22
165	395	John	Drummond	M	M45	03:58:19	03:57:57	01:49:54	02:08:25
166	377	Jack	Corbett	M	MO	03:58:30	03:58:15	01:50:18	02:08:12
167	261	patrick	devitt	M	M60	03:58:37	03:58:10	01:55:09	02:03:29
168	98	Shane	Mc Eaney	M	M35	03:58:46	03:58:46	01:52:46	02:06:01
169	73	paul	harrington	M	M45	03:58:49	03:58:37	01:53:29	02:05:20
170	337	Ken	Condron	M	M35	03:58:52	03:58:28	01:57:22	02:01:30
171	247	alice	hall	F	F50	03:58:57	03:58:45	01:50:19	02:08:38
172	226	Ultan	Savage	M	M35	03:59:03	03:58:53	01:54:25	02:04:38
173	209	Nicolas	Benoit	M	M40	03:59:16	03:58:33	01:52:07	02:07:09
174	125	william	murphy	M	M40	03:59:21	03:59:04	01:57:21	02:02:00
175	81	David	O' Donoghue	M	MO	03:59:27	03:59:02	01:49:24	02:10:04
176	425	Liam	Mc Donnell	M	M50	03:59:32	03:59:06	01:56:25	02:03:08
177	259	Roy	O' Farrell	M	M40	03:59:35	03:59:35	01:42:18	02:17:17
178	422	Tomas	Mac Cormaic	M	M35	03:59:39	03:59:39	01:49:57	02:09:43
179	328	robert	corbett	M	MO	03:59:47	03:59:34	01:50:13	02:09:34
180	97	David	O Dowd	M	MO	03:59:48	03:59:24	01:55:20	02:04:29
181	400	ANN	O' Driscoll	F	F35	03:59:54	03:59:49	01:51:05	02:08:50
182	159	Rae	Liston	M	MO	04:00:06	03:59:49	01:50:09	02:09:57
183	294	Denis	Daly	M	M45	04:00:07	04:00:07	01:51:36	02:08:31
184	317	Tom	O Donovan	M	M35	04:00:07	04:00:07	01:51:40	02:08:28
185	150	Brian	Ankers	M	MO	04:00:14	03:59:47	01:57:47	02:02:28
186	126	Patrick	Quinn	M	MO	04:00:20	03:59:51	01:57:46	02:02:34
187	120	Dennis	Looney	M	M45	04:00:36	04:00:10	01:57:21	02:03:15
188	388	Norina	Martig	F	FO	04:00:49	03:58:14	01:53:32	02:07:18
189	102	Ciarán	Keogh	M	MO	04:01:11	04:00:41	01:55:09	02:06:02
190	10	gary	crawford	M	M45	04:01:13	04:01:08	01:38:55	02:22:18
191	369	Billy	Gough	M	M40	04:02:03	04:02:03	01:47:49	02:14:14
192	185	Anne	Doolan	F	F35	04:02:30	04:02:03	01:57:23	02:05:07
193	397	david	Mc Geown	M	M35	04:03:08	04:02:53	01:55:29	02:07:39
194	398	Cathal	Stritch	M	MO	04:03:32	04:02:52	01:49:52	02:13:40
195	28	john	Mc Manus	M	M40	04:04:26	04:03:54	01:49:55	02:14:32
196	25	David	Brady	M	M60	04:04:40	04:04:35	01:48:12	02:16:29
197	13	Conan	O' Donovan	M	MO	04:04:47	04:00:56	01:49:25	02:15:22
198	188	Clare	Mc Donnell	F	FO	04:04:53	04:02:58	01:55:17	02:09:36

199	299	James	Curran	M	MO	04:05:06	04:04:36	01:54:30	02:10:37
200	62	Michael	Mc Greal	M	M35	04:05:11	04:04:50	01:50:02	02:15:10
201	165	martin	odonoghue	M	M35	04:05:49	04:05:25	01:55:08	02:10:41
202	436	Gerard	Rowe	M	M45	04:05:56	04:05:33	01:52:03	02:13:54
203	327	Danijela	Klopotan	F	F40	04:06:01	04:05:41	01:51:51	02:14:10
204	257	Ted	Dinan	M	M55	04:06:04	04:05:50	01:57:12	02:08:52
205	463	Raymond	Daly	M	MO	04:06:27	04:06:21	01:49:41	02:16:46
206	383	Nigel	Mc Laughlin	M	M45	04:06:35	04:05:54	02:03:27	02:03:09
207	393	Francie	Houlihan	M	M45	04:06:55	04:06:22	01:44:58	02:21:58
208	272	Kevin	O' Donovan	M	M35	04:06:56	04:06:13	02:07:17	01:59:39
209	206	Adolfo	Garcia	M	M35	04:08:18	04:07:59	01:50:28	02:17:50
210	17	Stephen	Murphy	M	M35	04:08:44	04:08:30	02:01:09	02:07:35
211	339	Romuald	Figielus	M	M45	04:09:17	04:09:16	01:48:09	02:21:09
213	325	John	Duff	M	MO	04:09:48	04:08:52	01:42:18	02:27:30
212	255	angela	murphy	F	F50	04:09:48	04:09:28	01:58:04	02:11:44
214	281	jim	melay	M	M50	04:10:10	04:09:41	01:50:12	02:19:59
215	438	Tony	Payne	M	M40	04:10:44	04:10:24	02:02:02	02:08:43
216	352	Alan	Garrigan	M	MO	04:10:59	04:05:52	02:26:34	01:44:26
217	461	Late	Entry			04:11:06	04:10:45	01:51:49	02:19:18
218	453	Noel	Duignan	M	MO	04:11:33	04:11:20	02:01:09	02:10:24
219	301	Eamonn	Darcy	M	MO	04:11:34	04:11:05	01:54:13	02:17:21
220	70	Kara	Reilly	F	FO	04:12:08	04:11:50	02:05:56	02:06:13
221	246	Dermot	Smith	M	M40	04:12:33	04:11:37	01:43:42	02:28:52
222	417	Jane	Mc Grath	F	F50	04:12:36	04:12:29	02:03:52	02:08:45
223	83	Paul	Mc Mahon	M	M35	04:12:57	04:05:25	02:11:41	02:01:16
224	145	billy	walsh	M	M50	04:13:06	04:12:20	01:55:33	02:17:34
225	313	ken	Mc Donald	M	M35	04:13:07	04:12:46	01:59:15	02:13:53
226	459	Hugh	McNulty	M	M40	04:13:10	04:12:46	01:50:54	02:22:17
228	33	steven	gibson	M	M35	04:13:43	04:13:16	01:57:47	02:15:57
229	157	Thomas	Matthews	M	M50	04:13:50	04:13:28	02:03:27	02:10:23
230	320	zsolt	czikkely	M	M35	04:14:31	04:14:02	02:03:56	02:10:36
231	218	Robert	O' Brien	M	MO	04:14:34	04:14:21	01:54:01	02:20:33
232	312	Marie	Murphy	F	FO	04:14:34	04:14:34	01:55:55	02:18:39
233	318	Colm	Casey	M	M50	04:14:50	04:14:11	02:07:37	02:07:13
234	309	michael	casey	M	M45	04:15:01	04:14:52	01:58:06	02:16:56
236	225	James	Dennehy	M	M50	04:15:03	04:08:57	02:04:36	02:10:28
237	242	Paraic	Mc Quillan	M	M50	04:15:08	04:09:02	02:04:35	02:10:33
238	82	ronan	kelleher	M	MO	04:15:14	04:14:56	01:56:30	02:18:44
239	74	Dorota	szafraniec	F	FO	04:15:29	04:08:18	02:02:20	02:13:09
240	22	Denis	Cogan	M	M35	04:15:31	04:15:08	01:49:49	02:25:42
242	441	Finbarr	O Connell	M	M40	04:15:40	04:15:38	01:57:47	02:17:53
241	128	John	Coleman	M	MO	04:15:40	04:15:08	02:07:34	02:08:07
243	129	Tom	Enright	M	M35	04:15:41	04:15:09	02:07:35	02:08:07
244	426	Sheila	Creedon	F	F45	04:17:39	04:17:20	02:04:05	02:13:35
245	69	Aisling	O' Donnell	F	F40	04:17:50	04:17:34	02:05:56	02:11:55
246	37	Zaheera	Coffey	F	FO	04:17:51	04:17:44	01:57:47	02:20:04
247	143	pat	oconnor	M	M40	04:18:42	04:18:13	01:51:40	02:27:03
248	180	eugene	Mc Cabe	M	M50	04:19:10	04:18:40	01:57:30	02:21:41
249	382	Ted	Whooley	M	M35	04:19:49	04:19:28	01:53:29	02:26:20
250	322	desmond	crowley	M	M35	04:20:26	04:20:14	01:58:36	02:21:51

251	215	Barry	Mc Donald	M	M35	04:20:47	04:20:19	01:55:10	02:25:38
252	219	Greg	Wade	M	MO	04:20:59	04:20:40	01:52:02	02:28:58
253	319	Deirdre	OReilly	F	F45	04:21:06	04:20:31	02:05:08	02:15:59
254	307	Mary	Walsh	F	F40	04:21:09	04:20:35	02:05:08	02:16:02
255	158	John	O' Sullivan	M	MO	04:21:24	04:20:41	02:04:29	02:16:55
256	146	Anthony	Durnin	M	M55	04:22:04	04:21:57	02:01:39	02:20:25
257	155	sarah	murray	F	F45	04:22:07	04:21:33	01:57:07	02:25:00
258	379	Enda	Shanahan	M	M60	04:22:43	04:22:14	01:56:39	02:26:04
259	161	Sinead	Coakley	F	F35	04:22:44	04:22:29	02:00:36	02:22:08
260	419	Maria	Cregan	F	FO	04:23:40	04:23:18	01:59:24	02:24:17
261	60	Michael	Minehane	M	M35	04:24:28	04:23:57	01:51:40	02:32:49
262	402	BRENDAN	TOBIN	M	M40	04:24:29	04:24:25	01:50:37	02:33:52
263	91	Jim	Mc Neice	M	M45	04:25:30	04:24:46	02:02:40	02:22:51
264	16	Seamus	Daly	M	M35	04:25:41	04:25:14	01:57:53	02:27:48
265	238	Susan	Steele	F	F35	04:25:46	04:25:10	02:05:57	02:19:49
266	199	Daniel	Blakeman	M	MO	04:25:47	04:18:27	02:11:58	02:13:50
267	308	Bernard	Mc Cauley	M	M50	04:25:54	04:25:49	02:02:17	02:23:37
268	187	Richard	Bourke	M	MO	04:25:55	04:24:01	02:04:15	02:21:40
269	297	Denis	Kiely	M	M45	04:26:03	04:25:47	02:00:25	02:25:38
270	163	Brian	Byrne	M	M60	04:26:20	04:26:05	02:03:02	02:23:19
271	196	jim	clinton	M	M50	04:26:34	04:26:22	01:51:24	02:35:11
272	289	Declan	Higgins	M	M50	04:26:46	04:26:43	01:56:30	02:30:16
273	336	Paul	O' Grady	M	M50	04:27:26	04:27:26	01:57:17	02:30:10
275	194	chris	bigley	M	MO	04:27:58	04:27:37	01:51:56	02:36:03
274	79	Shane	Healy	M	MO	04:27:58	04:27:58	01:52:01	02:35:58
276	49	peter	montgomery	M	M40	04:28:12	04:28:06	01:57:40	02:30:32
277	378	Daniel	Stritch	M	MO	04:28:20	04:27:39	02:03:27	02:24:53
278	96	Nicola	O' Dowd	F	FO	04:28:38	04:28:15	02:09:29	02:19:09
279	184	Tiger	O Flaherty	M	M55	04:28:55	04:28:03	02:02:02	02:26:54
280	166	rose	magner	F	FO	04:29:48	04:29:17	02:13:54	02:15:54
281	148	Eamonn	Dargan	M	M40	04:30:13	04:29:34	02:13:31	02:16:43
282	240	Oliver	Clare	M	MO	04:30:41	04:30:15	02:07:18	02:23:24
284	415	Caitriona	Buckley	F	F35	04:30:43	04:30:24	02:07:36	02:23:07
283	151	Ronan	ODonnell	M	MO	04:30:43	04:28:09	02:13:32	02:17:12
285	500	Paul	Richards	M	M40	04:32:14	04:27:29	01:56:29	02:35:45
286	435	Michael	Forde	M	M50	04:32:38	04:32:24	01:59:51	02:32:48
287	39	Cainneach	O Bolghuidhir	M	MO	04:33:12	04:33:04	01:54:53	02:38:19
288	134	Gerald	O' Connell	M	M55	04:33:18	04:30:54	02:06:12	02:27:06
289	30	William	Beggs	M	M55	04:33:35	04:33:18	02:02:02	02:31:34
290	460	Late	Entry			04:35:15	04:34:39	01:57:22	02:37:53
291	295	Frank	Martin	M	M55	04:36:02	04:35:46	02:08:19	02:27:44
292	21	Martin	O Rourke	M	M35	04:36:24	04:36:24	02:18:05	02:18:20
293	232	Stephen	O' Brien	M	MO	04:38:08	04:37:40	01:57:47	02:40:21
294	347	Trevor	Kavanagh	M	M35	04:38:21	04:37:45	01:57:21	02:41:00
295	311	Erin	Checketts	F	FO	04:39:08	04:38:37	02:07:35	02:31:33
296	401	Denise	O' Leary	F	FO	04:40:00	04:40:00	02:09:48	02:30:12
297	416	John	Delaney	M	M45	04:40:11	04:40:07	02:02:37	02:37:34
298	364	Eamonn	Barry	M	M35	04:40:21	04:40:18	01:53:03	02:47:18
299	279	Philip	Hayes	M	MO	04:40:46	04:40:46	02:06:00	02:34:47
300	24	Conor	Keena	M	MO	04:41:41	04:41:20	02:13:36	02:28:06

301	111	Justin	Tallon	M	MO	04:41:46	04:41:28	02:12:43	02:29:04
302	356	paul	comerford	M	MO	04:42:09	04:41:50	01:52:44	02:49:26
303	316	Kevin	Donovan	M	M60	04:42:13	04:42:13	02:06:52	02:35:21
304	67	Jennifer	Counter	F	FO	04:42:28	04:41:57	02:14:08	02:28:21
305	176	Mark	Rossiter	M	M35	04:44:35	04:44:25	02:07:26	02:37:09
306	443	Ian	Lordan	M	MO	04:45:32	04:45:32	01:55:39	02:49:54
307	302	padraig	kenny	M	M35	04:47:14	04:39:08	02:08:20	02:38:55
308	235	Agnieszka	Pamula	F	FO	04:47:22	04:46:41	02:14:46	02:32:37
309	264	SHARON	NAGLE	F	FO	04:47:33	04:47:22	02:09:51	02:37:43
310	408	Deirdre	Knowles	F	F35	04:47:33	04:47:33	02:09:51	02:37:43
311	174	Liam	Fenelon	M	M70	04:48:07	04:48:07	01:23:09	03:24:58
312	471	Peter	McGlynn	M		04:48:08	04:48:08	01:23:08	03:25:00
313	114	Stephen	Mullin	M	M40	04:49:57	04:49:46	02:03:08	02:46:50
314	9	Donal G	O' Donovan	M	M55	04:49:59	04:49:38	02:18:08	02:31:51
315	8	John	Murphy	M	M35	04:50:14	04:49:52	02:18:08	02:32:06
316	112	David	O' Brien	M	M50	04:52:42	04:52:19	02:17:23	02:35:20
317	223	Sean	Lambe	M	M70	04:52:43	04:52:17	02:26:38	02:26:05
318	245	Maurice	Timmins	M	M65	04:54:02	04:53:55	02:27:03	02:27:00
319	162	julie diane	byrne	F	F55	04:54:20	04:54:03	02:17:59	02:36:21
320	137	Sandra	Machado	F	F35	04:54:46	04:46:24	02:20:30	02:34:17
321	358	Gerard	Fay	M	M40	04:55:22	04:54:56	02:06:56	02:48:27
322	77	Michael	Kelleher	M	MO	04:57:14	04:54:11	02:12:19	02:44:55
323	457	Late	Entry			04:58:33	04:57:48	02:24:40	02:33:54
324	373	Marcus	Howlett	M	M40	04:58:34	04:57:59	02:07:18	02:51:17
325	36	kathleen	cheshire	F	F40	04:58:54	04:58:29	02:15:50	02:43:05
326	380	Michael	Kennedy	M	M60	04:58:56	04:58:39	02:20:43	02:38:13
327	254	Rafal	Doering	M	MO	05:00:14	04:54:09	02:26:33	02:33:41
328	300	Barry	Mc Namara	M	MO	05:01:01	04:53:01	02:11:52	02:49:10
329	470	Bobby	Fox	M	MO	05:01:07	05:00:38	02:05:26	02:55:42
330	253	linda	gash	F	F40	05:01:34	05:01:18	02:19:35	02:41:59
331	269	Damien	Leahy	M	M35	05:02:02	05:01:54	02:10:48	02:51:14
332	7	Kerry	Constant	M	M55	05:03:51	05:03:47	02:03:59	02:59:52
333	423	Tom	Crowley	M	M45	05:04:03	05:03:39	02:00:27	03:03:37
334	262	john	maher	M	M45	05:05:02	05:04:34	02:08:42	02:56:20
335	278	John	Tierney	M	MO	05:06:22	05:03:20	02:13:32	02:52:50
337	160	Ed	Hannon	M	MO	05:07:12	05:06:22	02:17:24	02:49:48
336	90	Jonathan	Simmonds	M	M45	05:07:12	05:07:05	02:19:35	02:47:38
338	404	Niamh	Hoyne	F	FO	05:07:50	05:07:04	02:24:52	02:42:58
339	236	David	Horgan	M	MO	05:08:22	05:08:19	02:12:07	02:56:16
340	282	DEIRDRE	Mc Crae	F	FO	05:10:13	05:10:07	02:17:01	02:53:12
341	283	aoife	ni mhurchu	F	FO	05:10:13	05:10:06	02:17:02	02:53:11
342	249	CAROLE	FRASER	F	F50	05:10:25	05:10:15	02:19:30	02:50:55
343	132	philip	newton	M	M50	05:10:37	05:10:37	02:09:12	03:01:25
344	109	Peter	Molloy	M	MO	05:11:22	05:11:08	02:05:45	03:05:38
345	248	FIONA	MITCHELL	F	F55	05:15:31	05:15:19	02:19:08	02:56:24
346	362	Sheila	Fitzgibbons	F	F45	05:22:34	05:21:56	02:31:09	02:51:26
347	42	Eric	Lapper	M	M60	05:23:10	05:22:24	02:20:36	03:02:34
348	139	Eilish	Dabh	M	M40	05:25:39	05:25:14	02:22:45	03:02:54
349	2	Jerry	Forde	M	WCH	05:26:25	05:26:25	02:15:47	03:10:39
350	181	Catriona	Kelly	F	FO	05:26:26	05:25:49	02:31:09	02:55:18

351	345	Fiona	Mac Carthy	F	F40	05:32:38	05:32:24	03:29:54	02:02:45
352	344	Caroline	Morrissey	F	F40	05:32:39	05:32:27	03:28:56	02:03:44
353	266	alan	kenny	M	M40	05:33:58	05:33:47	02:19:03	03:14:55
354	267	mags	kenny	F	F40	05:33:58	05:33:47	02:24:23	03:09:36
355	116	jonathan	hilliard	M	MO	05:35:48	05:35:35	02:08:55	03:26:54
356	287	Josie	Clare	F	F45	05:38:44	05:38:25	02:24:04	03:14:40
357	84	Helena	Fox	F	F45	05:38:46	05:38:12	02:28:21	03:10:25
359	208	Eimear	Hurley	F	F50	05:39:52	05:39:27	02:37:32	03:02:20
358	31	Catherine	O' Regan	F	F75	05:39:52	05:39:32	02:39:45	03:00:08
360	26	Collette	O' Hagan	F	F60	05:42:02	05:41:36	02:37:14	03:04:48
361	171	Terry	Greene	M	M60	05:43:38	05:36:02	02:39:37	03:04:02
362	421	Julian	Mooney	M	MO	05:45:47	05:45:27	02:23:16	03:22:31
363	154	thomas	stafford	M	M60	05:54:12	05:53:57	02:45:35	03:08:38
364	304	Declan	MATHEWS	M	M55	05:54:12	05:53:52	02:45:35	03:08:37
365	361	Eugene	Withero	M	M50	05:56:59	05:55:23	02:39:45	03:17:15
366	104	Mary	Toher	F	F55	06:03:53	06:03:35	02:51:00	03:12:54
367	412	Deaghlán	O Suilleabhain	M	MO	06:08:32	06:01:06	02:38:54	03:29:38
368	105	bernice	glavin	F	F50	06:19:07	06:18:58	03:04:05	03:15:02
369	85	Tadhg	Fox	M	M45	06:19:53	06:12:52	03:06:47	03:13:06
370	4	mary	murphy	F	F50	06:20:01	06:19:38	03:04:34	03:15:28
371	410	Mary	Collins	F	F50	06:23:06	06:22:49	03:11:00	03:12:06
372	396	Denise	Crowley	F	FO	06:27:33	06:27:25	02:59:16	03:28:18
373	101	Daniel	Fitzgibbon	M	M45	07:24:53	07:24:53	03:23:14	04:02:20